



# English



## News & Facts

May 28, 2010 \* 15 Sivan 5770; Volume 63, No. 33

### The Arie Crown Motto

Where Middos & Learning Are Linked Together



ESKY



### Upcoming Events

- 5-30 Sun. through Monday, 5-31  
No school – Memorial Day Weekend  
(please note change from school calendar)
- 5-30 Sun. Arie Crown Picnic at Proesel Park  
(see attached flier)
- 6-2 Wed. Pizza Lunch
- 6-3 Thu. Schnitzel with Rice Lunch
- 6-3 Thu. Last Day of Mishmor
- 6-3 Thu. 5-8 Boys' Mishmor Trip

### Luach

- 5-28 Candle Lighting Time-7:57 PM
- 5-29 Shabbos Parshas Beha'alozecha  
Sof Z'man Kriyas Shema-9:04 AM



#### Change of Date!

Please note: There will be no school on Sunday, May 30 and Monday, May 31<sup>st</sup> for Memorial Day Weekend.

School will resume on Tuesday, June 1<sup>st</sup>.

### Did you place your ads yet???

*63rd Anniversary Banquet*

*Guests of Honor*

*Steve and Malka Miretzky*

*Torah V'Chesed Awardees*

*Rabbi Leizer and Debby Robinson*

*Monday, June 21, 2010*

\*\*\* Ad Deadline is Wednesday, June 9<sup>th</sup>\*\*\*



The Arie Crown picnic, scheduled for Sunday, May 30<sup>th</sup>, will be needing volunteers. Please call David Warso at (847) 673-3074 or Malka Miller at (847) 677-7205 to get in on this opportunity to receive give/get credit while your children are having fun at the picnic!

#### EARN GIVE-GET CREDIT

Help is needed on Thursday, June 3rd from 1:00 until 3:30 for our LINK INTO READING CULMINATING ACTIVITY. We need you to make this event extra special. Contact Mrs. Steiner in the library.

#### NATIONAL READING CONTEST

DEADLINE: MAY 31, 2010

(Sponsored by Parent's Magazine and the International Reading Association)

Help our library win \$5000. Log on to [www.parents.com/reading/ariecrownhebrewdayschool/skoil](http://www.parents.com/reading/ariecrownhebrewdayschool/skoil). Record the minutes read. Contest dates: March 8 - May 31, 2010, Contestants: Kindergarten - 8th grade girls and boys (Parents may read to children and record minutes). Rules: The winning school will be chosen based on DAILY reading and MINUTES READ. (Minutes do not have to be recorded daily - you can record for previous days when you log in). \*Nationally, the 50 students who read everyday and record the most minutes will be eligible to receive Barnes & Noble certificates from Parent's Magazine. \*The top Arie Crown students who read everyday and record the most minutes will receive Subway certificates from Arie Crown. Questions?? See Mrs. Steiner, Librarian.

### Mazel Tov to the following boys who completed Sefer Vayikra Shnayim Mikrah V'Echod Targum:

- |                       |                     |
|-----------------------|---------------------|
| Dov Aronson           | Yehuda Greenberg    |
| Noam Domsy            | Shua Tzvi Gross     |
| Shloime Dubovick      | Adam Gutman         |
| Yehuda Zev Dubovick   | Ariel Gutnicki      |
| Yosef Dubovick        | Melech Chaim Lapson |
| Aviel Freund          | Ari Merzel          |
| Yonatan Gershman      | Shalom Nadoff       |
| Chaim Dovid Gertsberg | Shmuel Perman       |
| Yaakov Greenberg      | Gavi Porush         |
| Avrumi Goldwag        | David Romanoff      |



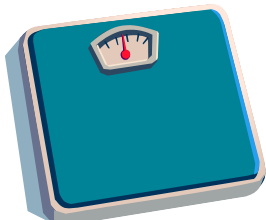
Bus forms are due in the Agudah office by June 18<sup>th</sup>. If you need an additional form, please go to [www.ariecrown.org](http://www.ariecrown.org). Thank you.



**On Sale Now!**  
**Erev Shira DVDs**  
 are available for purchase for  
**\$10.00 each!**

*If you would like a copy, please bring in  
 \$10 to the front office. Thank you.*

## Health Corner



### Do you know your child(ren)'s BMI?

Obesity in American children has more than tripled since the 1980s. According to recent statistics 33.6% of American children are overweight or obese yet a 2008 study found that many parents had no idea that their kid's weight was unhealthy. Unfortunately a recent study in our community done through Mt. Sinai Medical Center and the Jewish Federation found the childhood obesity rate in the local Jewish community to be higher than average. Obese is defined as a BMI at or above 95<sup>th</sup> percentile and a BMI between 85<sup>th</sup> and 94<sup>th</sup> percentile is defined as overweight. In fact, calculating a child's BMI is now required by the State of Illinois on the school health form for every child over the age of 2 and should be calculated at each check up. It is a simple calculation based on the person's gender, age, height and weight and can even be done at home on the CDC website. The consequences of childhood obesity are frighteningly serious. Research shows that children are developing a variety of adult obesity-linked conditions, such as type 2 diabetes, hypertension (high blood pressure), unhealthy cholesterol levels, metabolic syndrome, etc. The major causes of childhood obesity are;

- \* Decreased physical activity and lack of vigorous exercise
- \* Increased passive entertainment (TV, computers, gaming stations, texting, etc)
- \* Unhealthy eating habits (oversize portions and fast food)

Suggestions to combat this epidemic are:

- \* Encourage increased activity (at least a total of 60 minutes per day) at home and in school.
- \* Limit TV and computer use to 1-2 hours per day (remove TVs and computers from kids' bedrooms)
- \* Eat a nutritious breakfast
- \* Limit (not eliminate) consumption of fast food, treats, and sweetened beverages
- \* Learn age appropriate healthy portion sizes (see [www.MyPyramid.gov](http://www.MyPyramid.gov)) including 5 or more age appropriate servings of fruits and vegetables daily
- \* Eat together as often as possible (don't rush)

Talk to your healthcare provider at your child(ren)'s next check up appointment, ask them to calculate each child's BMI and explain it to you. Develop a plan with your health care provider to help your child if he or she is overweight or obese. The key to keeping kids of all ages at a healthy weight is taking a whole-family approach. It's the "practice what you preach" mentality. Make healthy eating and exercise a family affair.

Chana Goldstein RN CPNP  
 ATT School Nurse Consultant  
 Sinai Children's Hospital  
[att.schools.rn@gmail.com](mailto:att.schools.rn@gmail.com)

As part of the 7<sup>th</sup> grade learning for Yom Yerushalayim, the two classes got together and paired up to write poems in Ivrit about their love for Yerushalayim. The poems were written, corrected and presented to two judges, Mrs. Leibenstein and Mrs. Pri-Chein. Each poem was heartfelt and beautifully written. The poems are displayed in the front hall by the Israel bulletin board.

Thanks to our amazing Morot, Morah Abowitz and Morah Gelman, the 7<sup>th</sup> grade girls were able to perform a beautiful play on Yom Yerushalayim. Each class from 1<sup>st</sup>-8<sup>th</sup> grade prepared a special banner to add to the amazing ceremony. The play had everything from singing beautiful songs about Yerushalayim to dancing and telling her stories. The play was a great success. Thank you to all our guests for taking time to come and see us perform. A special thanks to Mrs. Donna Atkin for sponsoring the lovely and delicious cake and all the refreshments. May we all be zoche to celebrate Yom Yerushalayim in Yerushalayim.

By Shoshana Brenner and Avigayil Simon  
 And the entire 7<sup>th</sup> grade

### 3<sup>rd</sup>-7<sup>th</sup> Grade Girls Tehillim-a-Thon Update

Special thanks to all the girls in grades 3-7 who participated in the recent Tehillim-a-Thon. We tallied up the total amount of perakim of Tehillim said by each grade and we're so impressed!

- 7<sup>th</sup> Graders – 1,091 perakim (Wow!)
- 5<sup>th</sup> Grades – 198 Perakim
- 4<sup>th</sup> Grades – 476 Perakim
- 3<sup>rd</sup> Grades – 220 Perakim

May the zechus of so many perakim said by our girls bring yeshuos to our families and all of Klal Yisroel! Many thousands of dollars were collected by the girls to help raise much needed funds for the Debby Keller Ezer L'Kallos Fund for our local Chasanim and Kallos! Thanks you to all of our generous sponsors! Tizku L'mitzvos. We are so proud of our girls! Looking forward to having many girls join again next year, ly"v. special mention to our Kitah Zayin (7<sup>th</sup> grade girls) for having a record amount of girls participate and for raising so much tzedakah! Girls, you set a wonderful example and standard for the rest of the girls! Yasher Koach!

Special mention to a few girls who got left off last week's list: Chana Abrams, Chaya Rena Goldwag, Chumi Goldwag, and Kayla Richter. We apologize for the error!

Mrs. Levin and Mrs. Dubovick

In Mrs. Dubovick's 4<sup>th</sup> grade girls' class, we are speeding by in Chumash! We learned that even the smallest chesed deserves a big reward. In Navi, we learned that Gidon risked his life for a Kiddush Hashem. We have started a Middos Tovos program in our class. Mrs. Dubovick gives out stickers to girls who tell over a nice chesed that they saw someone in the class do. So far, the highest amount of stickers that a girl got is 16. Keep having an "ayin tova" – looking out for the good Middos someone else is displaying! Mrs. Dubovick is so proud! For the Tehillim-a-Thon, our class together said over 300 perakim, and we raised lots of money for Tzedakah!

Have a good Shabbos!

By Tamar Dimbert, Chaya Gertsberg &  
 Marli Gutman



On Wednesday, we had our Chumash Play. We had worked so hard to get ready. Our parents came to see our costumes. We did so well with our parts and songs. After the play we celebrated. Then in the afternoon we made paper plate clocks. Our teachers rock!

Mrs. Ozmina's and Mrs. Steinfeld's 1<sup>st</sup> grade girls  
 from Room 303



Boys Student Council Happenings: What a great Color War breakout – even the 8<sup>th</sup> graders were shocked. Thank you, Mr. Eason, for playing out your role to perfection. After the shock wore off, the boys got straight to the ruach. Each team sang a cheer song. The next morning a beautiful D'var Torah was said on the topics of Torah and Tefillah. The

Divrei Torah also connected to Yerushalayim. Then each team played some competitive sports activities. The finale was the theme song made up by the Student Council members. Rabbi A. Cohen and Rabbi Sherman, the professional song writers, were very impressed with the quality of the songs written. Great job, boys. I was also impressed with the achdus and the spirit of both teams. You are a super Student Council.

Rabbi Pomerantz



Rosh Chodesh Extravaganza: The Boys' Student Council, especially Harry Kleinerman, wanted this Rosh Chodesh to be memorable. It sure was! Grades 5-8 were treated to a hot pancake breakfast. After the older boys heard a great story

and bentedched, the 3<sup>rd</sup> and 4<sup>th</sup> graders were treated also to pancakes. Rabbi Levinson sang some songs and told a story to complete the Rosh Chodesh extravaganza. Thank you, Harry, for getting a sponsor for this breakfast. If anyone is interested in sponsoring the last Rosh Chodesh breakfast, please contact Rabbi Pomerantz.

## Early Childhood Corner

Pre-Nursery and Nursery Afternoon Stay & Play Registration for the 2010-2011 school-year has limited space available!! Your child can now enjoy afternoons at Arie Crown in our thematic, child centered program for Pre-Nursery and Nursery children!  
Monday-Thursday 1:00-3:55pm  
Sign your child up today!

Looking for parent volunteers to help with carpool dismissal at 12:50. If interested, please contact Ellen Rashkow at [ellenrashkow@gmail.com](mailto:ellenrashkow@gmail.com). We appreciate your support!!!

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### Calendar Update

Please note on Wednesday, June 16<sup>th</sup>, the last day of school, we will have an early-Friday schedule: Pre-Nursery and Nursery Dismissal will be at 12:00 noon; K-7<sup>th</sup> grade at 1:10 PM

## The All-New Carpool Connections Corner



1. Looking for 2 families (2 boys) to join morning minyan & Sunday carpool. WRP/Touhy, Please call Judy Domsky 773-262-7721 or Pearl Gross 773-761-8676.

2. Looking for 2 families (2 boys) to join Mishmor carpool Tues/Thurs. WRP, Please call Rose Vadnai 773-465-0238 or Pearl Gross 773-761-8676  
It's Fast! It's Easy!

Try placing an ad in the Yediot's Arie Crown Carpool Connections Corner.

Go to [www.ariecrown.org](http://www.ariecrown.org).



This week in Mrs. Bohmbach's 5<sup>th</sup> grade boys' class, we made water filters in science. We are making stick figures of famous people in the revolutionary war.

By Shmuel Perman and Tzvi Schnell

Hi! This is Roni reporting from Class 407. Last week in Hebrew we learned a lot about Shavuot. We also learned a lot about the Aseres Hadibros. In English we planted radishes. They are growing very quickly. We also did our lost book report. We are also doing lots of researching on states. We are also learning a lot about plants. That's all I have for today. I'm Roni and I'll see you next week.

By Roni Bell



Martin and Claudio are the custodians at our school. They help us with so many things! They put the tables up and down for lunch, they fix broken things (like our book shelf that broke) and too many other things to count! We are grateful to have them!

By Rena Goldstein, Hadassah Greenberg, Shalvi Shabat, Elka Shenker, and Michal Vilenski  
Mrs. Ozmina's 1<sup>st</sup> Grade Girls

## ARIE CROWN

The Arie Crown Family would like to extend a Mazel Tov to:

### Births

Mr. and Mrs. Joseph Abramchik on the birth of their grandson born to Mr. and Mrs. Amir (class of '91) Abramchik

Rabbi and Mrs. Kalman Worch on the birth of their son, Meir Shimon. Mazel Tov to the grandparents, Mr. and Mrs. Jeff Osias

### Weddings

Mr. and Mrs. Leon Lipshitz on the marriage of their son, Yoni to Danielle Miles

Mr. and Mrs. Ira Neiman on the marriage of their son, Daniel (class of '00)

### Bar Mitzvah

Mr. and Mrs. Mark Campbell on the Bar Mitzvah of their son, Yishai

Dr. and Mrs. Shimmie Krauss on the Bar Mitzvah of their son, Mordechai

Rabbi and Mrs. Avrohom Chaim Levin on the Bar Mitzvah of their grandson

The Arie Crown Family would like to extend condolences to Mrs. Gigi Stein on the loss of her father, Mr. Harry Kacsh, a"h. Mrs. Stein is sitting Shiva until Sunday morning, May 30<sup>th</sup>. Her phone number is 847-933-1103. May she be comforted among the mourners of Zion and Jerusalem and know of no further bereavement.

Dear Yehuda: You did an awesome job at your Chumash play this week! We are so, so proud of how you sang so enthusiastically and said your part so beautifully! You should always learn Torah with such excitement! You are Gevaldik!

Love, Totty, Mommy,

Devorah, Avrumi, Chumi, Rena and Sruli

P.S. Special thanks to all the outstanding 1<sup>st</sup> Grade Moros for all your hard work for the Chumash play, and all year long. Continued hatzlacha in all that you do!

Upon arrival to Arie Crown from the 7th grade girls' fabulous trip to Springfield, a blue and white Coleman cooler was inadvertently taken home by the wrong student. If you have this cooler, please return it to Mrs. Wigoda. Thank you.

Tutor for your son available year-round. All subjects. Arie Crown graduate '00. Call Saul, 773-764-6692.

Share the fun of camp, with your whole family! All-inclusive August Family Vacation/Family Camp. August 23-29, 2010 (Half or full-week options available) at JCC Perlstein Resort and Conference Center (adjacent to JCC Camp Chi and minutes from the Wisconsin Dells). Spend quality time with your family, playing and relaxing together, with great family activities and facilities! Adults get time to themselves while kids enjoy day camp and day care (all ages, infants to teens) and evening babysitting. All your activities included (no additional fee): waterskiing, sailing, swimming, boating, arts & crafts, high ropes course, rock climbing, horseback riding, archery, yoga, zumba, and evening adult activities. Glatt Kosher (cRc), daily guest organized davening, single gender swimming, eruv. For details, visit [www.gojcc.org/prcc](http://www.gojcc.org/prcc), e-mail [prcc@gojcc.org](mailto:prcc@gojcc.org) or call 847.763.3603.

Mortgage Rates are as low as 3.750%! So, take an opportunity to finance your home in the most profitable way. For free consultation call Mordechai Sofovich at 773-216-2833. Illinois Residential Mortgage Licensee, NMLS # 219345.

Would you like a botanical garden in your backyard? Would you like your outdoor space to be living space? Let's design and plant your garden now, in the spring, so that come summer, you can enjoy it! Contact Smadar Sonya Strauss, Chicago Botanical Gardens certified, at: (312) 301-7680, or email her at [SSOStrauss@yahoo.com](mailto:SSOStrauss@yahoo.com).

CAMP HEADQUARTERS at 13th AVE COLLECTION!! We are fully stocked with denim skirts long & short, ¾ sleeve camp shirts, "baby o" skirts, "june" skirts, Pencil skirts, KIKI RIKI SHELLS.....We are also carrying NAVY BLUE SKIRTS for Moshava campers! Shop early for best selection. Check out our June Jr. line for kid sizes 6-18 denim skirts, camp shirts, KIKI RIKI shells and more.....Sundays 10-12 p.m. and 8-10 p.m., Monday 8-10 p.m. or call Yaffa for an appointment at 312-316-1076.

Would your son or daughter like to learn how to type like a pro? Is he/she frustrated when trying to type at the computer? I am an ACHDS mom and would love to help your child gain this important skill! This is SO needed! Call Esther, 772-764-6692.

It's Baseball Season this Summer at the Bernard Horwich JCC in Rogers Park. Two leagues and one instructional T-Ball Class will be offered for kids from kindergarten to 6th grade. T-ball is K-1st, the younger league will be 2nd and 3rd grade, while the older league is 4th-6th grade. T-ball is Monday evenings, with the leagues taking place on Sundays and during the week. We stress a non-competitive positive environment for all of our leagues and classes, while still providing quality instruction, and programming. It all begins the week of June 27th. Registration opens this week so call the BHJCC @ 773-761-9100 or go online to [www.gojcc.org](http://www.gojcc.org). See you this Summer!!

Attention All Camp Moshava Alumni: We are putting together a comprehensive alumni database of ALL Moshava campers who have ever attended Moshava Wild Rose, or Rolling Prairie, Indiana! Please submit names of anyone you know of with their addresses to: Mike Nussbaum at [mnussfam@aol.com](mailto:mnussfam@aol.com) or call him at 773-230-0336.

Did you know that studies have found that on average students lose approximately 2.6 months of grade level in skills over the summer (Johns Hopkins University)? Introducing Mathnasium Learning Center to Chicago land. Call or visit to learn how convenient and affordable your child's soaring self confidence can be! Now enrolling for Spring and Summer sessions. Located at 3453 W. Dempster in Skokie and can be reached by calling 847-677-MATH (6284) or on line at [Mathnasium.com/Skokie](http://Mathnasium.com/Skokie). Ask about our Grand Opening special.

Michal Wigs sale \$290-\$575!! Michal Wigs will be in town for 2 sales only. Monday June 7 from 8-10 PM, and Tuesday June 8 from 9:30-11:30 am. 6655 N. Washtenaw Ave. #1, Chicago. European hair, multidirectional, no knotting, 6 month guarantee. Michal Wigs are sold direct to customers. Hat falls, band falls and sheitels (make great pony sheitels). For information please visit our website. [www.michalwigs.com](http://www.michalwigs.com).

Ani Ohevet L'daber B'lvrit! Coming this summer – a fun, fantastic and educational Chug for your daughter! A conversational Hebrew Chug (group/class) is going to be offered this summer. There will be different skill/grade levels available to suit your daughter's needs. Let your daughter have the opportunity to maintain the Ivrit skills she gained in school and even jump ahead while having a "fun time"! The class will be held in the evenings at the ATT building. For more information, please call Mrs. Litwack at 773-764-3009; [elf3132@aol.com](mailto:elf3132@aol.com) Call soon to reserve your space and for more information.

Attention girls ages 12-14. Introducing a night camp full of fun activities, trips, and much more!! Two sessions From July 12th – July 29th. \$125 a session, sign up for both and save! Hours from 6:30 - 9:30 pm limited space available so call quick ! For more info call Devora Lichtman at 773 240 6211.

Responsible and experienced Touro College student with own car looking for babysitting position July 26th through August 23rd. References available. [rivkaweiser@aol.com](mailto:rivkaweiser@aol.com)

CAMP HEADQUARTERS at 13th AVE COLLECTION!! We are fully stocked with denim skirts long & short, ¾ sleeve camp shirts, "baby o" skirts, "june" skirts, Pencil skirts, KIKI RIKI SHELLS.....We are also carrying NAVY BLUE SKIRTS for Moshava campers starting at size kids 10-18 & 2-12 junior/misses! Shop early for best selection. Don't forget about our June Jr. line for kids sizes 6-18 in denim skirts, camp shirts, KIKI RIKI shells and more.....Sundays 10-12 p.m. and 8-10 p.m., Monday 8-10 p.m. or call Yaffa for an appointment at 312-316-1076.

Looking for someone to teach a 7 year old girl swimming in the late afternoons/early evenings anywhere from 1-5 times per week throughout the entire summer starting this week. Location is at one of the Winston Towers pools. Hours and pay to be arranged upon contact. Please email [CAT81@JUNO.COM](mailto:CAT81@JUNO.COM).

Certified, experienced, warm graduating (female) high school senior available for lifeguarding and private swim lessons. References upon request. 773-289-2838.

Oh say, did you want to try out for the play? Chicago Women Charity Players are back, Hooray! Hooray! At Bais Yaakov the thirteenth and sixteenth of June Come ready to dance and prepared with a tune From 7:30 to 10 PM, come make your debut The address is 3200 Peterson Avenue Seussical, the Musical is our show for this year Bring a friend and audition, no reason to fear We're open to women both timid and bolder, But you must be at least 18 years or older If you have any questions regarding the show Call seven four three - two six four oh. (743-2640)

Camp 'N Daycare is currently taking placements for children ages 0-2 years old. The lead caregivers are, Nechama Nitekman Perkins, BA (Jewish Studies), and Dafna Nussbaum, MA (Special Education). We are located in the Chesterfield's, the ones closer to California. Camp N Daycare will be running from Monday, June 28 - Friday, August 6. Our hours are from 8:45AM - 3:45 PM. The cost is \$6 per hour for more than 3 hours and \$7 per hour for 3 hours or less. Camp 'N Daycare is the fun summer experience that your child will love! For more information, please call Dafna at 773-715-1110.

Spring/summer SEWING CRAFT sessions, geared towards beginners, including girls in the younger grades. A wonderful opportunity to acquire basic sewing skills while creating fun and exciting projects, using a sewing machine and a variety of techniques. We offer a flexible schedule and a reasonable price which includes all supplies. Home sewing machine not required. Call soon to reserve your space! Raizy Alexander, 773-567-6465.

Attention Ladies: Make this summer the time to finally lose **those unwanted pounds, tone up, trip inches, get fit and be in the best shape of your life!** Many options to choose from to help you reach your fitness goals. Offering one-on-one, partner or group training for women and teen girls. Call Marci now at 847-722-4788 or e-mail [itrainer@aol.com](mailto:itrainer@aol.com) and be on your way to a **healthier, stronger and leaner** you!