

English News & Facts



December 11, 2009 * 24 Kislev 5770; Volume 63, No. 13

The Arie Crown Motto

Where Middos & Learning
Are Linked Together



ESKY



Upcoming Events

- 12-13 Sun. through Mon. 12-14
No School – Chanukah Vacation
- 12-15 Tue. School Resumes
- 12-15 Tue. Faculty Chanukah Luncheon
- 12-16 Wed. Pizza Lunch
- 12-17 Thu. Grilled Chicken with Rice Lunch
- 12-21 Mon. 4G Shiras Devorah - 9:00 AM sharp



It's not too late! Chanukah is here! In order to express Hakoras Hatov to our very devoted teachers, we present them with "Chanukah Gelt" that is collected from each child. We

suggest \$10.00 for full day students and \$5.00 for half-day students (Pre-Nursery and Nursery). Children enrolled in the Nursery Extended Program are considered full day students. Please fill out the attached form and send in one check per family in an envelope marked "Chanukah Gelt". Thank you for your cooperation.

Chanukah is just around the corner.

**Don't forget the perfect gift –
The Arie Crown discount card!
The gift that keeps on giving.**

Chanukah is around the corner! A cookbook makes a great gift! To purchase a copy of Crowning Elegance, please call Louise at (773)338-5616. Only a few copies left! Pick up lunch tickets at the same time!



Attention all Arie Crown Artists: It's never too early to enter artwork for the S.O.A.R. (Student's Outstanding Artistic Recognition Exhibit). You may submit your work to Mrs. Ozmina or Mrs. Pinsky. Please remember: 8x11 unlined paper or a little larger, no 3D artwork. Also, please do not laminate any work. Thank you.

The S.O.A.R. Committee

Schoolbelles' Annual Winter Sale is going on now through January 3, 2010! Save between 25 and 50%. Visit their website at www.schoolbelles.com for more information.

Luach

- 12-11 Candle Lighting Time-3:59 PM
 - 12-12 Shabbos Parshas Vayeishev;
Shabbos Mevorchim
Sof Z'man Kriyas Shema-9:27 AM
- Rosh Chodesh is on Thurs./Fri. Dec. 17 & 18



Attention Parents: Please do NOT send hot drinks with your children to school, even if the drinks are covered. Thank you for your cooperation.

The Administration

School Closing Information

In the event that Arie Crown will have a school closing, please take note of the following:



1. A Calling Post will be made to all parents and faculty.
2. Go to www.emergencyclosing.com You will have an option to do a "status search" or you can register your e-mail address and they will notify you.
3. Tune your radio to WBBM 780 or WGN 720 for a list of school closings.



Attention Parents: Please note that when you purchase your lunch tickets through the school office, the orders are filled by a parent every evening (not a staff member) and returned to school the next morning by 8:30 AM ready for pick up by an adult. If you need them mailed, please note that on your order, and the tickets will be mailed the next day. Please leave ample time when ordering as the office is not responsible for handing out tickets from your order to your child/children at lunch time. Thank you for your cooperation.

Attention! The library still needs YOU! If you have any time to give, (and would like to earn great give/get credit!) please call Esther Weiner at 773-764-6692.

The first lost and found items have been donated. To avoid having your items donated over winter break, please make sure to look at the items hanging across from K109. There are coats, uniform shirts, uniform sweatshirts, sports equipment, and warm weather gear just to name a few items. Many labeled articles were returned to students instead of having to be donated. Help us help you by making sure your child's clothing items have at least their last name on them, and if possible, a first name or phone number. All unclaimed items will be given to charity before winter break.



Homework Club a.k.a. "After School Study Hall"

The Homework Club is held under the supervision of Ms. Nicole Serpico (room 310) on Mondays and Wednesdays and Mrs. Judy Whisler (room 201) on Tuesdays and Thursdays. The cost is \$5 per session for a pay-as-you-go option. A pack of twenty sessions may be purchased for \$80. For each additional child in the family, a 20 session pack may be purchased for \$70. Contact Ms. Serpico or Mrs. Whisler with any questions or concerns you have regarding this program at mrswhisler@gmail.com; or njserpico@hotmail.com.

Health Corner SCREEN TIME Part 1

The current obesity epidemic in children has been directly linked to too much "screen time". It has also been linked to decreased attention span and poor academic performance. TV, interactive video games, and the Internet can be excellent sources of education and entertainment for kids. But too much screen time can have some unhealthy side effects. The American Academy of Pediatrics (AAP) recommends that kids under age 2 have no screen time, and that children older than 2 watch no more than 1 to 2 hours a day of quality programming.

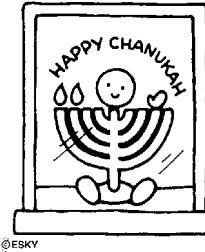
Some helpful hints to help make the most of their TV-watching hours;

- * Homework and chores come first. TV is a privilege not a right.
- * Check ratings and preview programs to make sure they are appropriate
- * Don't hesitate to TURN IT OFF if you don't like what you see or hear
- * Use the "V-chip" (in new TVs) to block programs that might be inappropriate
- * Offer fun activities when TV time's up; read, play a game, go outside, etc.
- * Keep books, games and toys close by
- * Set a good example; limit your own TV watching
- * Find programs that the family can watch TOGETHER, especially on the weekend
- * Use what you see together to discuss important issues, values and beliefs
- * NO TV in a child's bedroom
- * NO TV during meals or during homework

The possibilities for fun without the tube are endless — so limit the TV time and enjoy quality time with your kids.

Please see attached flier for a delicious healthy recipe to enjoy over Chanukah.

Chana Goldstein RN CPNP
ATT School Nurse Consultant
Sinai's Children's Hospital
att.schools.RN@gmail.com



Boys' Student Council Happenings

- * Chanukah Carnival – Play exciting booths related to the Yom Tov of Chanukah, and win Chanukah treats, Wednesday, the 5th day of Chanukah. The cost is \$2.00 and you can play all booths and win treats!
- * The Rosh Chodesh Project was a huge success. There were over 100 boys who participated, either with the test or by reciting the bracha. The winner of the Rosh Chodesh test was Daniel Wolf. He won a telescope so he can learn some more things about the moon. The winner of the 2nd raffle drawn for those boys who said the bracha at the proper time was Gabi Mermelstein. He won binoculars so he can see the moon more clearly next time before he says the bracha.
- * The Chanukah Art and Model Contest was completed this week. Many boys drew beautiful menorahs and dreidels. We also had a number of original menorah and dreidel models brought in. Thank you to all those who participated. The winner of the Chanukah dreidel contest was Kobi Karp. His original menorah was made out of K'nex and he also had a dreidel connected to it which electronically revolved. There are many other nice models displayed in the front hallway. Check it out!

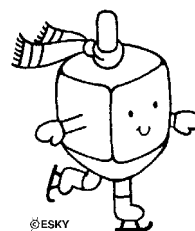
LINK INTO READING

Thank you to all of our students, parents and relatives who have read books and turned in LINKS to the library. The following three classes have read the most books:

- Mrs. Nussbaum's 3rd grade boys **388 LINKS**
- Ms. Berger's 4th grade girls **337 LINKS**
- Mrs. Astor's 4th grade boys **228 LINKS**

We now have a total of **2452 LINKS** in grades one through four. We want everyone to read, READ and READ some more!

Elaine Steiner, English Library



Chanukah!

Happy Chanukah! Mrs. Dubovick's 4th grade class is working so hard on Shiras Devorah! We also had so much fun at the Chanukah Boutique on Thursday. Everybody got such a good grade on our 2nd Chumash test! It was an awesome week. Have a great Shabbos and

By Karni A., Kayla B., and Miri P.

Since last week in Mrs. Whisler and Rabbi Levinson's 4th grade boys' class, we finished our math tests. We wrote thank you letters to Mr. Green for bringing Strike, his son's pet snake, to our classroom. Strike is a ball python but is not poisonous. In the computer lab, we searched the web for information about water quality for the World's Water Monitoring Day questions as we prepared for the trip to Emily Oaks in Skokie. In Rebbe's class, we learned a new dreidel game. We thank Moshe Berk for bringing a Chanukah CD to our class so we could listen to it. Outside at recess, we made two huge snowballs. We can't wait until Chanukah comes! Happy Chanukah and Shabbat Shalom.

By Avraham Meyers and Jakey Rosenzweig and the rest of Mrs. Whisler's 4th Grade Boys' Class



This week in Mrs. Pinsky's 3rd grade boys' class, we finished our perimeter and area unit. In math, we are starting to learn how to multiply. In science, we measured our body parts in non-standard vs. standard measurement. We finished two weeks of daily editing/paragraphing. On Friday, we wrote on a topic. We would like to thank the PTA, and the Mashiach and Hunt families for our new books! Have a great Shabbos and Chanukah.

By Avery Amster and Daniel Friedman

Every Wednesday we have art class. Last Wednesday in Mrs. Ozmina's class we worked on making a Chanukah box to keep our candles in. They are special and Shiny.

By Rechel Langer

ARIE CROWN

The Arie Crown Family would like to extend a Mazel Tov to:

Births

Mr. and Mrs. Uzi Kalif on the birth of their daughter

Mr. and Mrs. Bennie Kirschner on the birth of their son. Mazel Tov to the grandparents, Mr. and Mrs. Jerry Kirschner and Mr. and Mrs. Timothy Kauffman

Bar/Bas Mitzvahs

Mr. and Mrs. Shalom Abowitz on the Bas Mitzvah of their daughter, Tiferet

Mr. and Mrs. Elisha Atkin on the Bas Mitzvah of their daughter, Hannah

Mr. and Mrs. Hillel Shapiro on the Bar Mitzvah of their son, Zev Yehuda. Mazel Tov to the grandparents, our Principal Emeritus and his wife, Rabbi and Mrs. Meir Shapiro and to Mr. and Mrs. Gilbert Gertzfeld

Mr. and Mrs. Fischel Zimmerman on the Bar Mitzvah of their son, Baruch Ber

On the occasion of our son's Bar Mitzvah, we would like to express our deepest appreciation and Hakaras HaTov to all of Baruch Ber's wonderful Rebbeim and Teachers who have taught him by lesson and by example how to be a Ben Torah. A special Thank You to his Rebbe, Rabbi Yosef Avraham Cohen, for his enthusiastic and inspiring Chinuch approach. May you all have much nachas from your students and families, and may we only share simchas.

Fischel and Sarah Zimmerman

Mazel Tov to our son and brother, Baruch Ber HaLevi, on his upcoming Bar Mitzvah this Shabbos Chanukah Parshas Vayeshev. We are so proud of your middos and friendly good nature to all, along with your diligence and responsibility in your daily davening and studying for your Bar Mitzvah. (Your shalshelas is pretty good, too!) May you have much hatzlacha and brocha as you continue along your path of Avodas HaShem.

With love, Dad, Mom, Po, and Huvi

Do you want more energy? Do you want to lose weight? Are you looking to eat healthier? Mel Greengus, nutrition and lifestyle coach, can help you achieve your personalized lifestyle goals. Mel works with individuals, couples, and families to help them create healthy meal habits. Call Mel at 773-972-6993.

No Super Science this Sunday due to Chanukah! See you next week!

Do you or a loved one need an H1N1 vaccine? Dr. Marni Goldberg's office has plenty for people in their teens to 120 years old. You don't have to be an existing patient. Call 847-674-2251 for appointments.

Don't flush your money down the drain! Call Yitzy at Ez Flow Sewer And Drain Corp. Power Rodding, Sinks, Bathtubs, Mainlines, Toilets, Faucets, Pumps, repairs and installations, Licensed, Bonded, Insured. We now are accepting Credit Cards! Call Yitzy Schwartz at 773-593-9050.

HEAD LICE? GOT LICE? Call the experts. 2 Jewish moms who know. Manual head lice removal IN YOUR HOME. Call Tami or Angie 847-344-2857. Hourly rates apply GOT LICE? GOT LICE? GOT LICE?

Chanukah is coming! Need that special gift for a friend or relative in Israel? Call Nechama Birnbaum, RDD Baskets and Gifts at 773-942-1250 or visit their website at www.rddbaskets.com.

Energy Program Updates: The People's Gas attic insulation rebate program has been extended for a limited time, and is now offering an instant rebate option to its customers. A 75% rebate (up to \$750) can be deducted from the total cost of the job at the time of installation. The average home attic out of pocket cost is now only \$350, of which most or all can be deductible as a tax refund at the end of the year. Attic insulation is proven to be the most cost effective way to reduce home energy bills. Call Steinhardt Builders, at 847-677-2299 to start saving \$\$\$ on your heating bills this winter.

MORTGAGE! MORTGAGE! MORTGAGE! For any needs and every client! Planning to buy a new home? Call me first. Want to refinance? Meet me today. Tired of being late on payments? Let me help you BEFORE IT'S TOO LATE. 773-216-2833. Mordechai. Illinois Residential Mortgage Licensee. Equal Opportunity Lender.

Elegance European Wig Collection by Miriam Wolpin will be having a custom sheitel overstock sale this Motzei Shabbos Chanukah, Dec.12, 7pm-11pm. Sunday 10am-2pm and 7pm-10pm. Monday 10am-1pm at the home of Freyda Leah Falik 2915 W. Jarlath St. Call for more info.773 764-5970 or 773-203-2015.

Looking for something fun to do over winter break? K-6th grade Vacation Days are being offered at the Bernard Horwich JCC December 21, 22, 23, 28, 29, and 30th. Join us for fantastic trips and theme days! Only interested in a half day of programming? We have that as well! For more info call Wendy Singer @ 773-516-5883 or go to www.gojcc.org.

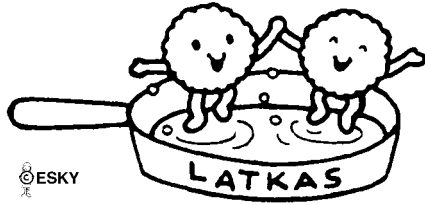
BNOS AGUDATH ISRAEL OF CHICAGO SUNDAY ENRICHMENT PROGRAM. SONG - DANCE - DRAMA "A TRUE KINDNESS". THIS SUNDAY AT JDBY AUDITORIUM, 3200 W. PETERSON, 11:00 AM. ADULTS \$2.00 - CHILDREN: \$1.00. PROCEEDS TO TZEDAKAH.

Children's Swim Lessons return to the Mayer Kaplan JCC this January! Mayer Kaplan JCC is offering American Red Cross Learn-to-Swim Classes beginning in January! American Red Cross is recognized as the industry leader in teaching kids to swim. Some benefits of this program include: * Children learn fundamental aquatics skills and pool safety. * Excellent instruction from qualified teachers. * Small classes that ensure individual attention. * Special discount rate for current JCC early childhood members and campers. * Bringing Jewish values to life in a fun and safe learning environment. Don't miss out on the fun! Register online at www.gojcc.org or call 847.763.3500 to reserve your spot today! For more information, contact Myra Orlinsky at 773.516.5855 morlinsky@gojcc.org

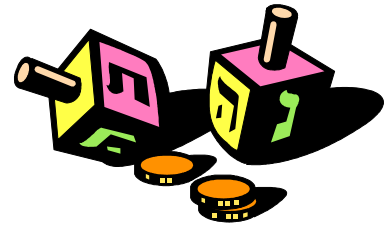
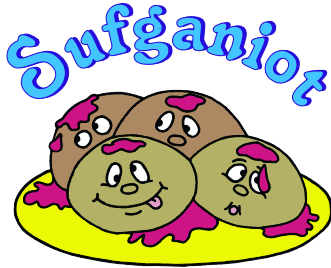
The community is invited to a shiur given by Rabbi Yosef Moyal, Rosh Hamosdos of Mosdos Imrei Bina in Ashdod. Rabbi Moyal, also an accomplished marriage counselor and specialist in troubled teens, will speak on "The emet behind the husband-wife relationship: Yesodot of Shalom Bayit" this upcoming Monday, December 14th, at 8:00 P.M. at the home of Dr. and Mrs. Jeffrey Gersten, 2915 West Greenleaf Avenue. Please note that the shiur will be presented in Hebrew and translated into English. Rabbi Moyal is also available for personal consultation. For more information, or to schedule and appointment, please call (773)576-8772.

There is no Snif this week because of the eleventh grade Shabbaton. Next week 12/19, Snif will be at 2:30. This Sunday we will have a wonderful Chanuka party at KINS (WRP) at 10:30 a.m. There will be fun stations, a contest between the chanichim and the madrichim, pizza, drinks, snacks and Sufganiot! The price for the party is \$13 mas, \$15 non mas. Hope to see you all there! We would like to remind parents to please pay mas (membership) for their children as soon as possible in order to enrich and support Bnei Akiva activities. Also, parents that would like to receive information from Bnei Akiva via emails should send their email address to: bach21.il@gmail.com Shabbat Shalom and happy Chanukah!!!

Attention ladies and teens: It's time to get into shape! Lose weight, burn fat, get strong, get into the best shape of your life! Join my fat blasting boot camps and start your way to incredible results! Offering daily morning classes and now Sunday teen classes, too! **New classes now forming** so call to reserve your spot. Call Marci Siebzener, CPT at 847-722-4788. **No gym! No membership! No excuses!**



Arie Crown would like to wish our entire family a Freilichin Chanukah!!!



HAPPY CHANUKAH!!!



Sweet Potato and Zucchini Latkes

Description

A new twist on this Hanukkah favorite yields a crispy and slightly sweet pancake. Prepare the batter right before cooking to prevent excess liquid and soggy cakes; pour off any excess liquid while cooking if you need to. These lacy latkes are delicate, so don't press down too hard on them once they're in the pan. Latkes can be made up to 6 hours in advance and kept covered at room temperature. Reheat on a baking sheet (preferably dark-bottomed) at 375°F until warmed through, about 5 minutes.

Prep time: 10 minutes

Cook time: 10 minutes

Makes 24 (2") latkes

Ingredients

1 medium zucchini (1/2 pound), ends trimmed
1 large sweet potato (3/4 pound), peeled
1/4 cup minced onion
1 large egg, lightly beaten
1/4 teaspoon salt
1/3 teaspoon freshly ground black pepper
3 tablespoons canola oil
Unsweetened applesauce (optional)

Instructions

Slice zucchini lengthwise and remove seeds. Coarsely grate zucchini and sweet potato in a food processor or with a hand grater; transfer to a medium bowl. Add onion, egg, salt, and pepper; stir to combine.

Heat 1 1/2 tablespoons of the oil in a large nonstick skillet over medium-high heat. Working in 2 batches, add zucchini mixture by heaping tablespoons to skillet, gently flattening with the back of the spoon as you go. Cook until the edges are golden, 1 to 2 minutes, then flip and cook until bottom is golden, about 1 minute more (adjust heat if necessary to prevent burning). Drain on paper towels. Repeat with remaining 1 1/2 tablespoons oil and remaining zucchini mixture. Serve latkes hot with applesauce on the side, if desired.

Nutritional information

Per serving:

100 calories

1 g fat (0 g sat.)

20 g carbohydrate

4 g protein

4 g fiber

220 mg sodium