



Announcing Arie Crown Hebrew Day School's

## ACHDUS Runners

For girls in grades 3-5 in the fall

Running sessions will be held in the fall and spring:

**Wednesdays**, 4-5PM at Arie Crown

**Sundays**, 9:30-10:30AM at Lerner Park

*(Girls must be available on both days and for both seasons to join)*

No experience necessary. Cost is \$25 per girl, which includes a t-shirt

Please return the attached form to the office with a check made out to ACHDS to sign up.  
Space is limited.

*For more information, contact Wendy Margolin at [wendymargolin@gmail.com](mailto:wendymargolin@gmail.com)  
or Rochie Porush at [d.porush@comcast.net](mailto:d.porush@comcast.net)*